

Pool Safety

When Pool is “not-in-use”



backyardgardenadvice.com

- Your pool or spa must have a 5-foot minimum high fence that surrounds it
- If the house forms a barrier, install a separation fence and make sure that all doors & windows leading to the pool area, are alarmed and locked
- If you have a door that leads to your pool or spa, that has a “doggy door”, remember that children climb through these
- Ensure the gate is self-closing/self-latching and opens outward away from the pool
- Keep lawn equipment, chairs, and tables away from the fence to prevent a child from climbing over
- Power-operated pool covers must be properly maintained
- Keep the lifesaving ring and shepherd's hook in the pool area & know how to use it
- Make sure that pool/spa gates are locked at all time
- Remove all inflatable toys from the pool/spa area
- Make sure the pool/spa gate is locked and turn on all window and door alarms that lead to the pool/spa area
- Learn CPR (call the **American Red Cross of Greater Los Angeles** at 1-800-627-7000 for classes offered in your area
- Learn to swim. For swimming lessons in your area call the **Los Angeles County Parks and Recreation Department** at (626) 369-8694

When Pool is “in-use”



- Never swim alone
- When watching children or adults in a pool/spa, supervise them like you are a lifeguard-maintain "active supervision"
- When watching children or adults in a pool/spa, do not read, eat, talk to others, sleep, listen to an audio headset, etc.)
- Designate a second adult for breaks
- An adult who supervises a pool/spa, must know how to swim and know CPR
- Keep a phone at the poolside for emergency use (remember a cell phone does not provide a location to 911)
- Know how to use lifesaving equipment such as a Shepherd's hook or lifesaving ring
- Have children use "the buddy system"
- Children are not “drown proof” even if they know how to swim
- Inflatables, floaties, and floatable swimsuits are not lifesaving devices & do not replace “active supervision”
- Pool parties: Consider hiring a lifeguard through your local American Red Cross 1-800-627-7000
- After use, account that everyone is out of the pool
- After use remove inflatable toys from the pool area
- After use, ensure the self-closing/self-latching gate is working properly
- After use, lock the gate and turn on all window or door alarms that lead to the pool area

Continued other side...

Plastic & Inflatable Pools

Smaller Plastic & Inflatable Pools



- Infants should always be within arms reach
- Never allow older siblings to watch children in these pools
- After each use, empty the pool and turn it upside down

Larger Inflatable Pools



- After each use, always remove the ladder
- These pools must be fenced, similar to any pool or spa
- California law requires fencing for these pools. Pumps & filters require electrical grounding to prevent electric shock. Call your local city building department or the **Los Angeles County, Public Works** at (626) 458-5100.

Healthy Swimming Tips

Sun (Ultraviolet UV) Protection

- Sun rays are strongest between the hours of 10 a.m. and 4 p.m.
- Wear waterproof/sweat-proof UVA and UVB sunscreen
- Wear lip protection with at least SPF 15
- Remember to reapply as indicated by the manufacturer's directions
- Wear a hat, sunglasses, and UV-protective clothing

Swimming Illness Prevention*

- If you have diarrhea, do not swim. This is especially important for kids in diapers. Germs can easily spread in the water and make other people sick.
- Do not swallow the pool water. Avoid getting water in your mouth.
- Take a shower before swimming and wash your hands after using the toilet or changing diapers. Germs on your body end up in the water.
- For Parents of Young Children:
 - Take your kids on bathroom breaks & check diapers often. Waiting to hear "I have to go" may mean that it's too late.
 - Change diapers in the bathroom, not at the poolside. Germs can spread causing illness. Swim-safe diapers are also available. If you leave with the child, make sure another adult is watching the pool.



Public Health
Prevent. Promote. Protect.
Pro Consumer Safety

For more information, visit
procarseatsafety.com/poolsafety.html



Public Health
Behavior Solutions

