



For Your Baby's Sake...

During Pregnancy ~ Buckle-Up "Correctly"

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Shoulder Belt:

Pull shoulder strap tight so it lays flat across your chest, between your breasts and between neck and shoulder

1

Clothing:

Wear snug, so seat belt is close against your body

2

Vehicle Seat:

- Adjust so you can reach pedals
- Make sure your tummy is as far back from the steering wheel as possible

3

Lap Belt:

Pull shoulder belt to tighten lap belt, flat on lap, under your tummy



Pro Car Seat Safety

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ProCarSeatSafety.com/SeatBeltPregnancy.html

