

## Your younger teen will naturally succeed

It's built into their brain development, but...

## As a parent it is necessary to:

- 1. Allow and encourage your teen to play, have physical and social activities, and learn skills that they have a passion for, and
- 2. Pay more attention to the positive things they do and achieve



Brain studies show when a teen has skills with a passion for various activities it protects against teen pregnancy; relationship, drug and alcohol abuse; and other risky behaviors.

## Why?

- ✓ Their brain is designed to naturally learn the things it is exposed too the most
- ✓ Such as crafts, drawing, playing games, music, reading, sports, etc.
- ✓ When you allow your teen to play, experience interests they have a passion for and reward them for the things they enjoy doing, you reinforce this behavior while improving their interest in learning and stimulating brain activity











