

## Stalking is not love

Every minute, 13 people are stalked in the United States. Stalking is not love or just missing someone, it is a willful, malicious act of repeated following and/or harassing of another person with the intent to cause fear or harm. Women are four times more likely to be stalked than men and most stalkers are ex-boyfriends or spouses.

## Does a former boyfriend or husband:

- Watch or follow you
- Make harassing phone calls or hang-ups
- Harasses you through email, texts, or on social media
- Threaten you, your pet, your children/family
- Vandalize your property or vehicle
- Drive by your home or workplace repeatedly
- Send you unwanted love notes, flowers, gifts, etc.
- Violate a restraining order by visiting you or your children
- Send numerous unwanted cards or gifts
- Trespass
- Break into your home
- > Follow you in person or through social media
- Show up at your work or school
- Spy or monitor you
- Make false reports or statements about
- Deliver objects intended to scare you
- Threaten those who try to help you
- Withhold money that goes for child support
- Visit or calls children to harass or see you



















