Signs of Relationship Abuse

Does your boyfriend, girlfriend, live-in, husband or wife:

- lue Check your cellphone, texts, or email without your permission?
- ☐ Tell you what to do?
- □ Put you down?
- ☐ Have an explosive temper?
- Isolate you from friends or family?
- □ Act insecure?
- Make false accusations?
- Order or demand you or your child around?
- ☐ Act jealous?
- ☐ Pressure you into having sex?
- ☐ Act like they own you?
- □ Use anger and threats to get you to act how they want?

A "yes" to even one is a sign of relationship abuse!

If you have a child in your home, your child is learning this is normal & will be attracted to similar relationships.

Most parents have left these relationships, but some parents need a little help and support. The National Hotline can help, call 1-800-799-7233 or visit www.thehotline.org

Do it for you! Do it for your child! Call today!









