

I can't do anything right I  
am bad I am dumb I can't  
do it I never do well I am  
worthless

You make  
me mad

You're  
so lazy

If you tell them  
enough, they will  
believe you.

You're  
spoiled

You're  
spoiled

You're a  
brat

You're  
so lazy

Damn  
kid

You can't do  
anything right

You never clean your room  
You don't do your homework  
You never do what I say  
You always get me angry  
You better get all A's  
You're a spoiled brat  
You can't do anything right  
You never listen to me  
You can't listen to one thing

You are their truth.

Emotional Abuse is Child Abuse



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**Call**  
**National DV Hotline for help**  
**1-800-799-7233**