



Call  
National DV Hotline for help  
1-800-799-7233

Parents be aware that when your child grows up in a home with verbal abuse between the two role models they love, 1) they view that behavior in relationships as normal- it's not, and 2) has devastating effects on the child, from low self-esteem, anger issues, lack of trust in others, emotional disorders, depression. The reality is that with dysfunction in the home, it's not worth staying in the relationship for the child, when in the long term, it only hurts the child.

*Mom & Dad,  
This is how you make me feel!*



Depressed  
Guilty  
Angry  
Dishonest & embarrassed  
Feel loved  
Powerless & helpless  
Overwhelmed  
Feel not loved  
Sick  
Sad  
Afraid  
Isolated & insecure  
Confused