

STOP BULLYING

Adult

Bullying =
Harassment

The Adult Bully

Bullying =
Illegal!

An adult that uses REPEATED, UNWANTED BEHAVIORS against another adult, intended to cause HARM to that person or their reputation and/or not allowing them to express their opinion is a "bully". Bullying is also one of the leading causes of suicide.

Be Aware!



THE ADULT BULLY:

- ✓ NEVER interested in working together!
- ✓ NEVER interested in compromise!
- ✓ ONLY interested in power, domination and control!

*The adult bully can also be a Facebook, Nextdoor or other social media administrator.

ARE YOU BEING VIOLATED?

YOU HAVE A RIGHT TO:

- ✓ Have opinions different than others;
- ✓ Be treated with respect;
- ✓ Stand up for yourself and others;
- ✓ Express your feelings and opinions;
- ✓ Set your own priorities;
- ✓ Say "No" without feeling guilty;
- ✓ Protect yourself from being threatened physically, mentally or emotionally.



Need help? Call or text "988" to the 24/7 Suicide & Crisis Lifeline U.S. nationwide



Victims keep strong!

Public Health Behavior Solutions.com

